

First Aid for Bee Stings

1. Remove the stinger by scraping with your fingernail or the blade of a clean knife
2. Wash the area thoroughly with soap and water
3. Apply ice, calamine lotion, or baking soda-and-water mixture to relieve the swelling and pain
4. A stinger that is not removed continues to release venom into the body for as long as 20 minutes
5. Do not remove the stinger with tweezers. Squeezing releases more of the poison into your body. Swelling should be gone within 24 hours.

Signs of an allergic reaction:

1. difficulty breathing
2. coughing
3. headache
4. possibly becoming unconscious

Immediate medical attention is needed if an allergic reaction develops