

## SYMPTOMS OF HEART ATTACK INCLUDE:

- chest pain or no pain
- shortness of breath
- pain in jaw
- anxiety
- pain in left arm and/or shoulder
- pale skin color
- feeling of indigestion
- decreased blood pressure
- nausea, vomiting, or hiccups
- increased pulse
- perspiring
- skin cold and clammy

Chance of survival increases significantly if heart attack symptoms are treated within 2 hours of start of symptoms. If you or someone else has any of the above symptoms, do not hesitate! Immediately call 911 - do not drive to the hospital. Paramedics are better able to deal with any medical emergencies that might occur en route and the patient will receive faster treatment after reaching the emergency room.

Have the patient take one aspirin as soon as possible.