

Over the Counter (OTC) Medications

- Acetaminophen (Tylenol) should be recommended for people taking high blood pressure medication
- Ibuprofen (Advil and Motrin) and other aspirin-like medicines can increase blood pressure and make blood pressure medicines work less effectively
- Alcohol can increase blood pressure
- Acetaminophen as well as ibuprofen (and other aspirin-like medicines) can damage the kidneys
- Heavy alcohol use with acetaminophen can damage the liver
- Aspirin and antacids can increase the effects of alcohol and increase blood alcohol levels
- Antacids do not protect the stomach from pain relievers or alcohol
- Antacids and calcium supplements should be taken at least 2 hours apart from other medications

Always check with your physician or pharmacist if you have questions,